

May 31 is “World No Smoking Day”, so think about how to quit smoking.

For your health, let us break habits of smoking!

What’s more, let us minimize passive smoking: second-hand smoke.

Tobacco smoke in “side stream smoke” coming from burning tip of tobacco contains more harmful substances than main stream smoke smokers are inhaling.

For this reason, non-smokers staying beside smokers will receive various damages to their health more than smokers themselves.

In Aoba ward, the number of “All Day No Smoking Restaurants” is increasing.

The number of registered restaurants in Aoba ward is now 87 and it is the largest In Yokohama.

In such restaurants, you can enjoy delicious dishes with no tobacco smoke.

“All Day No Smoking Restaurants” sign



List of “All Day Non Smoking Restaurants”

<http://www.city.yokohama.lg.jp/kenko/ouen/riyousha/itiran.html#aoba>

問合せ

健康づくり係 045-978-2440