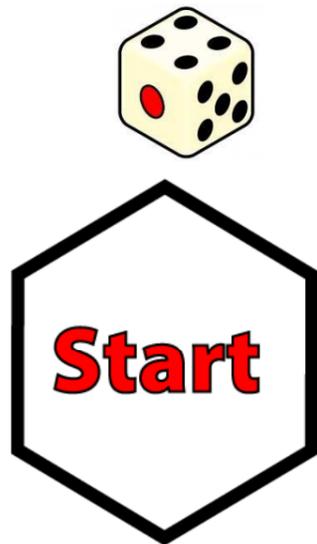


# Get Ready for Disaster NOW!

防災・減災すごろく 多言語版  
 青葉国際交流ラウンジ  
 情報・広報部作成 3月2014年



**20. Disaster Emergency Message Dial (171)**  
 You can try out the Dial 171 service on the NTT website.

**19. Let's develop a plan to communicate in an emergency.**  
 Try how to make contact with your family members.

**18. Hand crank generator radio**  
 You can listen to this radio during a power outage.  
 Radio stations:  
 FM Salus 84.1MHz  
 FM Yokohama 84.7 MHz

**17. Get information from radio and TV.**  
 Look for information in foreign languages on Disaster Websites.

**1. Are you a member of the neighborhood association?**  
 Do you have a Japanese friend in your neighborhood?

**21. Disaster Message Board**  
 Register your information via your cell phone. You can confirm your family's safety on the message board by leaving messages for friends and family.

**13. When you sleep:**  
 Prepare extra clothes and shoes beside your bed.  
 Complete an evacuation card.

**16. Get Information from the following sources.**  
 -Earthquake Disaster Information Center for Foreign Residents in Yokohama  
 045-222-1171 (Japanese)  
 045-222-1209 (foreign languages)  
 -Aoba International Lounge  
 045-989-5266

**2. Return to the START.**  
 Join the disaster drill.

This leaflet is translated into foreign languages. Wai-wai disaster map can be downloaded from Yokohama City website.

**3. Get local information.**  
 \*Disaster Map  
 \*Hazard Map  
 \*Disaster Preparedness Leaflet

**12. Support Stations for Stranded Commuters**

**14. Go back to the number 4 space.**

**Food provided by evacuation shelters:**  
 Some food may not be safe or appropriate for people with food allergies or dietary restriction.

**15. Disaster Preparedness**  
 Stockpile a week's supply of drinking water and food

**4. Do you know where to evacuate?**  
 Local evacuation shelters are the designated elementary schools and junior-high schools in your area..

**11. Stranded Commuters**  
 You cannot take the train or bus home from your workplace/ school!!  
 Plan the walking route to your home.

**10. Lose a turn.**  
 Let's look at the 'Shakeout' drills on the website. You can see them on [www.shakeout.jp](http://www.shakeout.jp)

**9. An Earthquake Happens!**  
 What action should you take then?  
 Stay calm and make sure you are safe.

**6. Hazards**  
 Spot the hazard in your house. chests / TV sets/ window panes

**7. Go back one space.**  
 Buy a fire extinguisher and install a residential fire alarm.

**8. House Anti-seismic Reinforcement**  
 Is your house reinforced against earthquakes? You can get free counseling about the earthquake resistance level and have your house checked.

045-671-2943 Planning Department, Housing and Architecture Bureau

**5. Lose a turn.**  
 You need to be well-prepared for earthquakes before they happen.



Translation, Consultation, Volunteer Interpreter